ages 10-15



Name: _

Date:

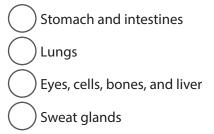
This tool is to help your care team see how they can help you learn more about your Cystic Fibrosis (CF).

Please read each answer carefully before choosing the <u>one</u> answer you think is <u>best</u>. If you don't know an answer, no big deal. Just leave it blank and move on to the next question.

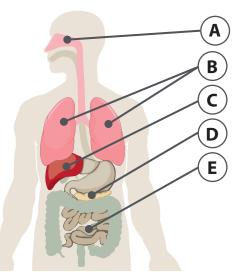
CF & YOUR BODY

Match the item on the left to the part of the body it is related to:

- a. Pancreatic enzymes
- b. Vitamins (A, D, E, & K)
- c. Salt
- d. Bronchodilators, mucolytics, inhaled antibiotics



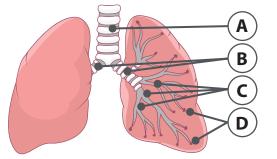
2 CF may cause changes in the body parts listed below. Match each body part to a letter on the diagram:



Pancreas – releases enzymes to help digestion
Sinuses – air-filled spaces
Intestines – process and absorb nutrients from food
Liver – cleans toxins from the body
Lungs – help you breathe

3

Match each part of the lung to the letter in the diagram:



) Bronchus – an airway in your lungs

) Bronchioles – tubes that transport air in and out

Alveoli – ends of the bronchioles, where oxygen is taken from the blood vessels

) Trachea – another name for your windpipe

CF R.I.S.E. was developed in collaboration with a multidisciplinary team of CF experts.

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